

**The vital signs you need to take each visit include: BP, RR, Pulse, and spO2**

**When to Contact Agency/RN/DOCTOR/CTS Office/911:**

**B/P:**

High: SBP>160 / DBP >90 Low: SBP<90 / DBP <60

**Respiration:**

High: >28 Low: <12

**Pulse:**

High: >120  
Low: <50  
\*Unless on Digoxin, then report <60

**spO2:**

High: no parameter  
Low: < 88%  
Normal: > 88% at high elevations (if they use O2, it is >88% with O2)

**Blood Sugar:**

High: FSBS >200 / RBS >300 Low: FSBS <50 / BS <80

**Temperature:**

High: >101.5 F Low: <96 F

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