

(M1845) Toileting Hygiene: Current ability to maintain perineal hygiene safely, adjust clothes and/or incontinence pads before and after using toilet, commode, bedpan, urinal. If managing ostomy, includes cleaning area around stoma, but not managing equipment. **0)** Able to manage toileting hygiene and clothing management without assistance. **1)** Able to manage toileting hygiene and clothing management without assistance if supplies/implements are laid out for the patient. **2)** Someone must help the patient to maintain toileting hygiene and/or adjust clothing. **3)** Patient depends entirely upon another person to maintain toileting hygiene.

GG0130C. Toileting Hygiene: The ability to maintain perineal hygiene, adjust clothes before and after voiding or having a bowel movement. If managing an ostomy, include wiping the opening but not managing equipment.

(M1850) Transferring: Current ability to move safely from bed to chair, or ability to turn and position self in bed if patient is bedfast. **0)** Able to independently transfer. **1)** Able to transfer with minimal human assistance or with use of an assistive device. **2)** Able to bear weight and pivot during the transfer process but unable to transfer self. **3)** Unable to transfer self and is unable to bear weight or pivot when transferred by another person. **4)** Bedfast, unable to transfer but is able to turn and position self in bed. **5)** Bedfast, unable to transfer and is unable to turn and position self.

GG0170A. Roll left and right: The ability to roll from lying on back to left and right side, and return to lying on back on the bed.
GG0170B. Sit to lying: The ability to move from sitting on side of bed to lying flat on the bed.
GG0170C. Lying to sitting on side of bed: The ability to move from lying on the back to sitting on the side of the bed with feet flat on the floor, and with no back support.

GG0170D. Sit to stand: The ability to come to a standing position from sitting in a chair, wheelchair, or on the side of the bed.
GG0170E. Chair/bed-to-chair transfer: The ability to transfer to and from a bed to a chair (or wheelchair).

(M1860) Ambulation/Locomotion: Current ability to walk safely, once in a standing position, or use a wheelchair, once in a seated position, on a variety of surfaces. **0)** Able to independently walk on even and uneven surfaces and negotiate stairs with or without railings (specifically: needs no human assistance or assistive device). **1)** With the use of a one-handed device (for example, cane, single crutch, hemi-walker), able to independently walk on even and uneven surfaces and negotiate stairs with or without railings. **2)** Requires use of a two-handed device (for example, walker or crutches) to walk alone on a level surface and/or requires human supervision or assistance to negotiate stairs or steps or uneven surfaces. **3)** Able to walk only with the supervision or assistance of another person at all times. **4)** Chairfast, unable to ambulate but is able to wheel self independently. **5)** Chairfast, unable to ambulate and is unable to wheel self. **6)** Bedfast, unable to ambulate or be up in a chair.

GG0170I. Walk 10 feet: Once standing, the ability to walk at least 10 feet in a room, corridor, or similar space. **Performance is coded as 06, 10, or 09, with 06 for GG0170I, 10 for step 10, and 09 for GG0170I, 10 for step 10.**
GG0170J. Walk 50 feet with two turns: Once standing, the ability to walk 50 feet and make two turns.
GG0170K. Walk 150 feet: Once standing, the ability to walk at least 150 feet in a corridor or similar space.
GG0170L. Walking 10 feet on uneven surfaces: The ability to walk 10 feet on uneven or sloping surfaces (indoor or outdoor), such as turf or gravel.

GG0170M. 1 step (curb): The ability to go up and down a curb and/or up and down one step. **Performance is coded as 06, 10, or 09, with 06 for GG0170M, 10 for step 10, and 09 for GG0170M, 10 for step 10.**
GG0170N. 4 steps: The ability to go up and down four steps with or without a rail. **Performance is coded as 06, 10, or 09, with 06 for GG0170N, 10 for step 10, and 09 for GG0170N, 10 for step 10.**
GG0170O. 12 steps: The ability to go up and down 12 steps with or without a rail.
GG0170G. Car Transfer: The ability to transfer in and out of a car or van on the passenger side. Does not include the ability to open/close door or fasten seat belt.
GG0170P. Picking up object: The ability to bend/stoop from a standing position to pick up a small object, such as a spoon, from the floor.

GG0170 and GG0130 Key:

- 06. Independent – Patient completes the activity by him/herself with no assistance from a helper.
- 05. Setup or clean-up assistance – Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
- 04. Supervision or touching assistance – Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. Partial/moderate assistance – Helper does LESS THAN HALF the effort. Helper lifts, holds or supports trunk or limbs, but provides less than half the effort.
- 02. Substantial/maximal assistance – Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. Dependent – Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the patient to complete the activity.
- 09. Not attempted, code reason: 07. Patient refused 09. Not applicable – Not attempted and the patient did not perform this activity prior to the current illness, exacerbation or injury.
- 10. Not attempted due to environmental limitations (e.g., lack of equipment, weather constraints)
- 88. Not attempted due to medical conditions or safety concerns

OASIS-D Collaboration Tool M1400, M1242, M1800-M1860 and GG0130/GG0170

<p>(M1400) When is the patient dyspneic or noticeably Short of Breath? 0) Patient is not short of breath 1) When walking more than 20 feet, climbing stairs 2) With moderate exertion (for example, while dressing, using commode or bedpan, walking distances less than 20 feet) 3) With minimal exertion (for example, while eating, talking, or performing other ADLs) or with agitation 4) At rest (during day or night)</p>	<p>(M1242) Frequency of Pain Interfering with patient's activity or movement: 0) Patient has no pain 1) Patient has pain that does not interfere with activity or movement 2) Less often than daily 3) Daily, but not constantly 4) All of the time</p>
<p>(M1800) Grooming: Current ability to tend safely to personal hygiene needs (specifically: washing face and hands, hair care, shaving or make up, teeth or denture care, or fingernail care) 0) Able to groom self unaided, with or without the use of assistive devices or adapted methods. 1) Grooming utensils must be placed within reach before able to complete grooming activities. 2) Someone must assist the patient to groom self. 3) Patient depends entirely upon someone else for grooming needs.</p>	<p>GG0130B. Oral Hygiene: The ability to use suitable items to clean teeth. Dentures (if applicable): The ability to remove and replace dentures from and to the mouth, and manage equipment for soaking and rinsing them.</p>
<p>(M1810) Current Ability to Dress Upper Body safely (with or without dressing aids) including undergarments, pullovers, front-opening shirts and blouses, managing zippers, buttons, and snaps: 0) Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance. 1) Able to dress upper body without assistance if clothing is laid out or handed to the patient. 2) Someone must help the patient put on upper body clothing. 3) Patient depends entirely upon another person to dress the upper body.</p>	<p>GG0130F. Upper body dressing: The ability to dress and undress above the waist; including fasteners, if applicable.</p>
<p>(M1820) Current Ability to Dress Lower Body safely (with or without dressing aids) including undergarments, slacks, socks or nylons, shoes: 0) Able to obtain, put on, and remove clothing and shoes without assistance. 1) Able to dress lower body without assistance if clothing and shoes are laid out or handed to the patient. 2) Someone must help the patient put on undergarments, slacks, socks or nylons, and shoes. 3) Patient depends entirely upon another person to dress lower body.</p>	<p>GG0130G. Lower body dressing: The ability to dress and undress below the waist, including fasteners; does not include footwear GG0130H. Putting on/taking off footwear: The ability to put on and take off socks and shoes or other footwear that is appropriate for safe mobility; including fasteners, if applicable.</p>
<p>(M1830) Bathing: Current ability to wash entire body safely. Excludes grooming (washing face, washing hands, and shampooing hair). 0) Able to bathe self in shower or tub independently, including getting in and out of tub/shower. 1) With the use of devices, is able to bathe self in shower or tub independently, including getting in and out of the tub/shower. 2) Able to bathe in shower or tub with the intermittent assistance of another person: (a) for intermittent supervision or encouragement or reminders, OR (b) to get in and out of the shower or tub, OR (c) for washing difficult to reach areas. 3) Able to participate in bathing self in shower or tub, but requires presence of another person throughout the bath for assistance or supervision. 4) Unable to use the shower or tub, but able to bathe self independently with or without the use of devices at the sink, in chair, or on commode. 5) Unable to use the shower or tub, but able to participate in bathing self in bed, at the sink, in bedside chair, or on commode, with the assistance or supervision of another person. 6) Unable to participate effectively in bathing and is bathed totally by another person.</p>	<p>GG0130E. Shower/bathe self: The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower</p>
<p>(M1840) Toilet Transferring: Current ability to get to and from the toilet or bedside commode safely and transfer on and off toilet/commode. 0) Able to get to and from the toilet and transfer independently with or without a device. 1) When reminded, assisted, or supervised by another person, able to get to and from the toilet and transfer. 2) Unable to get to and from the toilet but is able to use a bedside commode (with or without assistance). 3) Unable to get to and from the toilet or bedside commode but is able to use a bedpan/urinal independently. 4) Is totally dependent in toileting.</p>	<p>GG0170F. Toilet transfer: The ability to get on and off a toilet or commode.</p>