

**THERAPY HIGH RISK TEACHING TOOL**

<p><b>INSULIN (CONT)</b></p>		<p>increased urination, confusion, drowsiness, flushing, rapid breathing or fruity breath odor.</p>	
<p><b>NARCOTICS/OPIATES</b>                  Codeine                  Morphine                  Demerol                  Fentanyl                  Hydromorphone                  Methadone                  Oxycodone (Oxycontin)                  Tramadol                  Percocet                  Vicodin                  Tramadol                  Suboxone                  Dilaudid                  Sublimaze/Duragesic                  Opium</p>	<p><b>Fall precautions</b></p> <p><b>May cause nausea/vomiting, take with food</b></p> <p><b>Can cause constipation, use stool softeners and laxatives as directed</b></p> <p><b>Due to lightheadedness, dizziness and drowsiness avoid driving.</b></p> <p><b>Avoid alcoholic beverages</b></p>	<p><b>Shallow breathing, slow heartbeat</b></p> <p><b>Feeling light headed</b></p> <p><b>Confusion, fear, unusual thoughts of behaviors</b></p> <p><b>Seizure (convulsions)</b></p> <p><b>Problems with urination</b></p> <p><b>Nausea, upper stomach pain, itching, loss of appetite, dark urine, clay colored stools, yellowing of the skin or eyes</b></p>	<p><b>Rash, itching/swelling (especially of the face/tongue/throat)</b></p> <p><b>Extreme drowsiness</b></p> <p><b>Pinpoint pupils</b></p> <p><b>Cold and clammy skin</b></p> <p><b>Fainting</b></p> <p><b>Weak pulse, slow heart rate</b></p> <p><b>Blue lips</b></p> <p><b>Shallow breathing or no breathing</b></p> <p><b>Coma</b></p>

-CLASS	PRECAUTIONS	MINOR SIDE EFFECTS Report to your Doctor	MAJOR SIDE EFFECTS Seek Emergency Care
<p><b>ANTICOAGULANTS</b> Lovenox Fragmin Coumadin (warfarin) Pradaxa Aspirin Clopidogrel (Plavix) Heparin Eliquis</p>	<p>It is very important to take it exactly as directed.</p> <p>Avoid sudden large increases or decreases in your intake of foods high in vitamin K (such as spinach and other green leafy vegetables).</p> <p>Limit or avoid alcoholic beverages</p> <p>Avoid over the counter medications like aspirin or ibuprophen</p>	<p>-Gum bleeding -Occasional nosebleed -Easy bruising -Prolonged menstrual bleeding -Prolonged bleeding from a minor cut</p>	<p>-Bleeding from a cut or laceration that will not stop within 10-15 minutes -Large amounts of bleeding from the gums or nose -Blood in stool (red stools or tarry stools) -Blood in urine (red, coffee or coca colored urine) -Vomiting blood or coffee-colored material -Coughing up blood-tinged sputum -Severe unexplained pain (severe headache or belly pain) -Excessive menstrual bleeding -Bruising for no apparent reason -You fall and you hit your head</p>
<p><b>INSULIN</b> Regular NPH Lantus Humalog 70/30</p>	<p>Blood sugar levels must be tested while using insulin</p> <p>Stop taking this medication if you have prolonged diarrhea or vomiting</p> <p>Limit alcohol while using this medication because it can increase your risk of developing low blood sugar</p> <p>May cause blurred vision, dizziness or drowsiness. Do not drive, use machinery until you can perform such activities safely</p>	<p>Persistent nausea, vomiting, stomach upset, diarrhea, weakness or a metallic taste in the mouth</p> <p>The most common side effect is low blood sugar (hypoglycemia), which may be serious. Some people may experience symptoms such as shaking, sweating, fast heartbeat, blurred vision or confusion.</p> <p>Symptoms of high blood sugar (hyperglycemia) include thirst,</p>	<p>Severe dizziness and/or drowsiness</p> <p>Chills, blue/cold skin</p> <p>Fast/difficult breathing</p> <p>Slow/irregular heartbeat</p> <p>Stomach pain with nausea, vomiting or diarrhea</p> <p>Rash, itching/swelling (especially of the face/tongue/throat)</p>